



Satellite meeting at SVRI Forum: Movement  
building for GBV Prevention within the Horn,  
Eastern and Southern Africa

8<sup>th</sup> July 2009

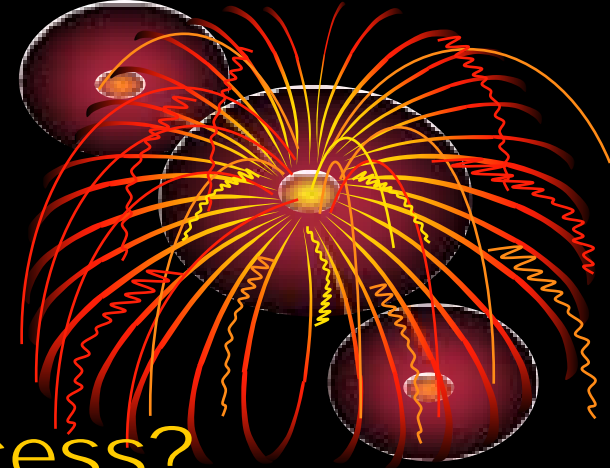
# *Get Moving!*- Background

In November 2008 members met and reflected on several issues:

- Is GBV prevention in the region meaningful and strong?
- Are we working to create social change?
- Have those of us working on GBV prevention had the opportunity and space to reflect on our own experiences and beliefs and how they affect the work we do?
- In response for 2009 the Network is focusing on movement building for the region with an initiative named the *Get Moving!* initiative



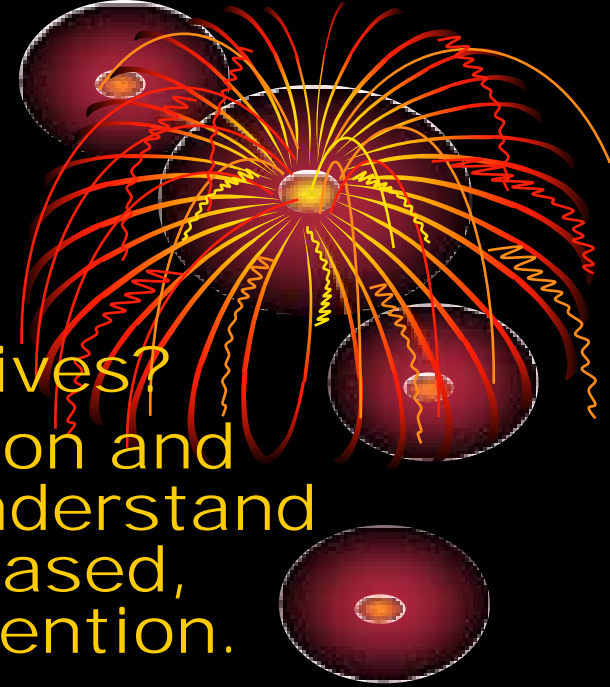
# *Get Moving!*



## What is the Get Moving Process?

- A new initiative of the GBV Prevention Network that is designed to stimulate personal and / or organizational reflection about GBV prevention work.
- The process includes reflection sessions, exercises and readings that ideally will be conducted within member organizations.

# *Get Moving!*



## What are the Get Moving! Objectives?

- To encourage personal reflection and learning among members to understand and be committed to a rights-based, feminist approach to GBV prevention.
- To foster reflection at an organizational level on values that include power sharing, shared authority and decision making
- To create strategies with member organizations for reaching out to others with a rights-based analysis of GBV prevention.

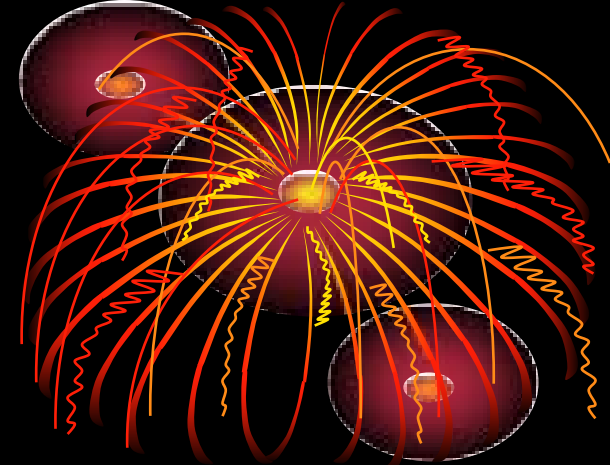
# *Get Moving!*



How is the Get Moving! process organized?

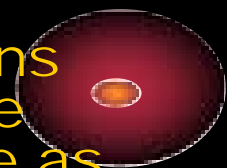
- The Get Moving! process is ideally done with others, for example as an organization or as a group of activists interested in GBV prevention and movement building.
- There are three phases of the Get Moving! process. Each phase of Get Moving! includes a series of sessions meant to be facilitated within a group as well as readings and suggestions for journal writing that participants can do independently.

# Get Moving!



What are the Get Moving! phases?

- Phase one: *Looking Within*. Interactive sessions and readings to foster self-reflection about the power dynamics in our own lives; and, how we as individuals could be protagonists within a GBV prevention movement.
- Phase two: *Supporting Each Other*. Creative sessions and readings for strengthening our analysis of GBV prevention and the feminist values within our organizations.
- Phase three: *Reaching Out*. Dynamic sessions and readings that encourage members to connect and engage with others to build an inclusive and vibrant GBV prevention movement.



# *Get Moving!*



Why should you get involved in the Get Moving! process?

- We all need spaces in our personal and professional lives which open up new ways of thinking, encourage reflection and gives us an injection of energy and inspiration. Get Moving! is designed to strengthen our analysis of GBV and what it takes to prevent it within individuals, organizations and the broader movement.



# *Get Moving!*



How do we get connected?

- a face-to-face meeting among interested organizations to build peer support, solidarity and further strategize on strengthening the GBV prevention movement
- a separate, private space on the Network website for these organizations to share and support each other; and,
- additional tools and opportunities for movement building.

*Get Moving!*

Join the GBV Prevention Movement  
Building Initiative!

THANK YOU!

